

Troy High School
Resources and Counseling Referral List

Individual Counseling Referral Resources

Therapist/Agency	Location	Pay Method	Specialties
Affiliated Psychologists of Michigan, PC Susie Gottlieb, PhD John Pietrofesa, PhD Kathy Pietrofesa, PhD Pamela Van Kampen, Ph.D., LPC Rachael Herkowitz, Psy.D., LP Helene Greenwood, PhD	74 West Long Lake, Suite 104 Bloomfield Hills, MI 48304 248-642-6066	Insurances (Varies based on Clinician) and Private Pay	<u>Child, Adolescent & Adults</u> Varying General Psychotherapy Dr. Greenwood does testing
Arab American And Chaldean Council	ACC-Oakland County Mental Health Services 26400 Lahser, Suite 220, Southfield, 48033 (248) 354-8460 http://www.myacc.org/programs/behavioral-programs/	Medicaid, Uninsured and Underinsured	<u>Child, Adolescent & Adult</u> Assessments Family and Individual Counseling Substance Abuse Crisis Intervention
Perspectives of Troy	888 W Big Beaver Rd #1450 Troy, Michigan 48084 Phone: (248) 244-8644 https://perspectivesoftroy.com/	Insurance and Private Pay Some therapist have a sliding pay but pay initial intake fee \$235 45 Mins \$150 1 hour \$200	<u>Child, Adolescent & Adult</u> Multicultural Counselors Family Depression Anxiety Bullying Divorce Anger Management Self Harm ADHD Trauma Substance Abuse Classes
Catholic Charities of Southeast Michigan	Locations in Royal Oak, Lake Orion, Waterford and Auburn Hills Call to Schedule an Appointment: 855-882-2736	Insurance, Private Pay, Sliding Scale, Reduced Rate with Graduate Student Interns	<u>Child, Adolescent and Adult</u> Employee Assistance Program Child Mental Health Services Adjunctive Psychiatric Services Parent Education Family Counseling and Step or Blended Family Counseling Group Counseling Educational Services on Marital Therapy Substance Abuse
Helping Hearts Heal Deborah Bogle, MA LLP	2508 Pembroke Birmingham, MI 48009	Private Pay (receipt for insurance)	<u>Child, Adolescent & Adult</u> Trauma EMDR Anxiety Fear

			OCD Panic Attacks Relationships Family Therapy Animal Services
Institute for Hope and Human Flourishing Gigi Colombini, LMSW https://www.iforhope.com/	630 N. Old Woodward Ave. #303 Birmingham MI 48009 248-872-7772	Blue Cross/Blue Shield Private Pay	<u>Child, Adolescent & Adult</u> Suicide Prevention Trauma Individual, Family and Couple Anxiety Depression Greif Counseling
Dr. Kevin Barber, Psychologist	248-419-6050		African-American male therapist
Maximum Living Consultants, Inc Dr. John D. Canine	936 S. Baldwin Rd., Suite 102 Clarkston, Michigan 48348-3608 Phone: (248) 814-0706 http://maximumlivingconsult.com/	Private Pay and Insurances	<u>Child, Adolescent & Adult</u> Individual Bereavement Counseling Grief Support Groups (Free, in various locations, open to the public)
Jennifer Elliott, MA LPC	300 E. Maple Suite 318 Birmingham, MI 48009 (248) 439-1415	Private Pay	<u>Children, Adolescent & Adults</u> General Anxiety, Depression Grief Divorce.
Jennifer Forche PhD	2477 Kingsbury Dr. Troy, MI 48098 38800 Van Dyke Ave Sterling Heights, MI 48312 248-643-7227	Insurance (No United Health Care) Private Pay	<u>Adolescents & Adults</u> Eclectic Patient Centered Works with Teachers LGBT/Transgender Anxiety Depression Family Issues Divorce No Substance Abuse
Napoleon Harrington, LPC, NCC	586-439-0690		African-American male therapist
Natasha Kendal and Associates Natasha Kendal PhD, LMFT	10 West Square Lake Rd. Suite 103 Bloomfield Hills, Mi 48302 248-5358072	Private Pay Some associates Blue Cross/Blue Shield	<u>Child, Adolescent & Adult</u> Parent Coaching Specialist Home Based Therapy Family Therapy Traditional Individual Couple and Family
Birmingham Maple Clinic Carrie Krawiec, LMFT Kelly Watson Lori Edelson,	2075 W. Big Beaver Suite 520 Troy, MI 248-646-6659	Insurance and Private Pay	<u>Child, Adolescent & Adult</u> General Psychological Issues

Clinic Director and does referrals to clinicians	https://www.birminghamapple.com/		
Dennis Rozema, MA	725 South Adams Road Suite 210 Birmingham, MI 48009 (248) 561 5054 http://dennisrozema.com/	Some Insurances and Private Pay	<u>Adolescents & Young Adults</u> Depression and Generalized Anxiety Substance Abuse Conduct Disorder Behavior Modification School Related Issues Sexual Assault.
Rochester Hills Counseling, LLC Tobi Russell, LLP LPC Kalynn Potter, MA, LLPC, MBA Mark Wells	945 S. Rochester Road Suite 101 Rochester Hills, MI 48307 248-266-6166 http://rochesterareacounselingservices.com/index.php	Insurance and Private Pay	<u>Individual & Group Counseling for Adolescents</u> Substance abuse Social Skills Self-Injury Depression and Anxiety Career Assessments
Dennis, Moye, Branstetter and Associates, PC	1750 South Telegraph Rd. Suite, 101 Bloomfield Hills, MI 248-451-9085 http://www.dennisandmoyeandassociates.com/index.html	Insurance/ Some Sliding Scale	<u>Child, Adolescent & Adult</u> Match concern with counselor Various Specialities
Thriveworks Karen Waldrop, LPC Herman Daldin, PH.D. Carin Goodrich, MA LPC Marcy Adams Sznawajs, MA, LPC, NCC Steve Whitmore, LMSW	Thriveworks Counseling 31815 Southfield Road Suite 27 Beverly Hills, MI 48025 Tel : (248) 686-3347 Thriveworks.com	Insurance and Private Pay	<u>Child, Adolescent & Adult</u> ADHD/Time Management Coaching Psychological Testing Coping with divorce LGBTQ Issues Anxiety Depression Suicide Prevention Therapy Animal
Sollars and Associates	Troy MI Office Sollars and Associates 1777 Axtell Drive, #100 Troy, Michigan 48084 248-613-5377 Birmingham MI Office Sollars and Associates 725 S Adams Rd #235 Birmingham, Michigan 48009 248-646-5377 http://www.dennisandmoyeandassociates.com/index.html	Insurance, private pay, sliding scale, Depends on Clinician	<u>Child, Adolescent & Adult</u> Various clinicians Multilingual Clinicians (9 Different Languages)

New Oakland Family Center	Farmington Hills Center 32961 Middlebelt Road Farmington Hills, MI 48334 (248) 855-1540 Various Locations http://www.dennisandmoyleandassociates.com/index.html	Insurance, Private Pay, Sliding Scale	<u>Child, Adolescent & Adult</u> Various Clinicians Partial Hospitalization Program Intensive Outpatient Intensive Crisis Stabilization ADD/ADHD Assessments Psychological Testing Trauma Assessment
New Day Counseling	2265 Livernois Rd, Suite 701, Troy, MI 48083 248-649-8050 http://www.newdaycounseling.org	Private Pay, Insurance, Sliding Scale	<u>Individual & Group Counseling</u> Parenting Classes Anger Management Girls Empowerment Group
Rochester Center for Behavioral Medicine	441 South Livernois, Suite 100 Rochester Hills, MI (248) 608-8800 http://www.rcbm.net	Private Pay Insurance	<u>Adolescent & Adult</u> Pre-register online Matched with Clinician Anxiety/Depression ADHD Counseling Psychological Screenings Mindfulness
John Maakron, MA LLP	36150 Dequindre Suite 530 Sterling Heights, Michigan 48310 (586) 697-3290	Insurance, Private Pay, Sliding Scale	<u>Child, Adolescent and Adults</u> Certified Trauma Specialist ADHD ODD School Issues Anxiety/Depression
Great Lakes Counseling	89 W South Blvd Suite 200 Troy, MI 48085 (800) 693-1916 https://www.greatlakespsychologygroup.com/	Insurance	<u>Child, Adult & Adolescent</u> Anxiety Eating Disorders ADHD Counseling Offered in Spanish and Polish
Troy Psychotherapy Anton Babushkin, PhD	575 E. Big Beaver Rd, Suite 210, Troy, MI 48083 https://www.troypsychotherapy.com/	Private Pay and Blue Cross Blue Shield, McLaren, Medicare, and Aetna.	<u>Adolescents & Adult</u>
The Mindful Self, LLC Alisa M Hilewsky, PsyD, LP, LPC	28303 Dequindre Suite 200 Madison Heights, Michigan 48071 (248) 213-8518	Private Scale, Insurances, Sliding Scale	<u>Child, Adolescents & Adults</u> Mood Disorders Women's Issues

Debbie Lewis, PsyD, LP	328 Livernois Road STE 1020 Troy, Michigan 48083 (248) 202-3779 Dr.DL125@sbcglobal.net http://www.drlewistherapy.com/home.html	Insurance, Private Pay, and Sliding Scale	<u>Adolescents & Adults</u> Substance Abuse Divorce PTSD/Trauma Grief/Loss Family Conflict
Lindsey Lewis, MA, LPC	74 W Long Lake Rd Suite 100 Bloomfield Hills, Michigan 48304 (248) 230-4658	Private Pay, Sliding Scale, Insurance	<u>Adolescent & Adults</u> Depression Self-Esteem Anxiety
Oakland University School of Education and Human Services Counseling Center	Pawley Hall Room 250A 456 Pioneer Dr. Rochester, MI 48309-4482 (248) 370-26333	Free	<u>Child, Adolescent & Adult</u> General Counseling performed by Master and PhD students in the Counseling program. Group, Family, Child and Adolescents

Psychiatric/Medical Evaluations

Howard Belkin, MD	1137 Holland Street Birmingham, MI 48009	Insurance and Private Practice	<u>Child and Adolescent Psychiatry</u>
Barbara Belkin, MD	(248) 644-3605 http://www.birminghamcounselingcenter.com/		
Dr. Erin Fallucca, MD	29500 Southfield Rd, Southfield, MI 48076 248-765-1795 http://www.murraycenter.com	Blue Cross	<u>Child and Adolescent Psychiatry</u> ADHD
Dr. Jimmie P Leleszi, DO	28595 Orchard Lake Rd Ste 304 Farmington Hills, MI 48334 Affiliated with Beaumont	Insurance	<u>Child and Adolescent Psychiatry</u>
Dr. Jeffery London, MD	Birmingham Maple Clinic 2075 West Big Beaver Road Suite 520 Somerset Corridor Troy Michigan 48084	Aetna Blue Cross Blue Shield Cigna First Health	<u>General and Child/Adolescent Psychiatry</u>

	(248) 646-6659	(Coventry Health Care) HAP Insurance MultiPlan Priority Health	
Dr. Preeti Venkataraman, MD	1750 S Telegraph Rd Ste 100 Bloomfield, MI 48302	Insurance	<u>Child and Adolescent Psychiatry</u>

24 Hour Crisis

Common Ground (Oakland County)	1200 N. Telegraph Rd, Bldg #32E, Pontiac, MI 48341 General Information: 1-248-451-2600 Crisis Line: 1.800.231.1127 The Sanctuary (Ages 10-17) 751 Hendrie Blvd, Royal Oak, MI 48067	Free	Resource Center 24/7 Crisis Line Shelter for At Risk Youth Suicide Risk Assessment (Uninsured or persons on Medicaid)
Child Abuse and Neglect	855-444-3911	Free	Child abuse and neglect Reporting
Protective Services			
Easter Seals	2399 E. Walton Blvd. Auburn Hills, MI 48326 248-475-6400 (voice) 1-800-75-SEALS (toll-free) Crisis Line: 248-475-6300	Major Insurance and Medicaid HMO's	Crisis Hotline Individual Counseling Outpatient Services Community Programs
Suicide Prevention Hotline	1-800-273-8255 https://suicidepreventionlifeline.org/	Free	Suicide Hotline

Sexual Assault and Trauma Services

The Haven	Mailing Address: 801 Vanguard Drive Pontiac, MI 4834	Free	Shelter Counseling Court Advocacy
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	24-HR CRISIS & SUPPORT 248-334-1274 TOLL-FREE CRISIS LINE 877-922-1274 TTY LINE 248-972-2540		Support Groups Personal Protection Orders Forensic Exams
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Substance and Alcohol Abuse Referrals

Alanon/Alateen Family Groups	(248) 706-1020 http://oaklandafg.org/	Free	Support Group for Friends and Family of Substance Alcohol Abusers
Alcoholics Anonymous	248-332-3521	Free	Support Group for Substance and Alcohol Abuser
Ascension Brighton Center for Recovery	12851 East Grand River Brighton, MI, 48116 810-225-2538	Most Insurances	Adults (18 and Up Only) Acute Detox Rehab Residential Treatment Day Treatment
Pathways Family Center	23100 Providence Dr. SUite 300 Southfield, MI 48075 248-443-0105	Insurance and Private Pay	Adolescent Substance Abuse
Dawn Farms	6633 Stony Creek Road Ypsilanti, MI 48197 Dawnfarms.org (734) 485-8725 or (734) 669-8265	Private Pay Limited Reimbursement	Young Adult and Adult Residential Substance Abuse Center Outpatient Services Transitional Housing Teens Using Drugs Family Informational Series
Eastwood Clinic-Royal Oak St. John's	30701 Woodward Ave. Royal Oak, MI 248-288-9333	Insurance	<u>Adolescent and Adult</u> Outpatient Substance Abuse and Chemical Dependency Therapy
Henry Ford Behavioral Health, Troy, MI	2825 Livernois Troy, MI 48083 (248) 680-6000	Insurance	<u>Adolescent and Adult</u> Addiction Medicine Outpatients
Henry Ford Maplegrove Center	6773 W Maple Rd West Bloomfield, MI 48322 (248) 661-6100	Insurance	<u>Adolescent & Adult</u> Inpatient Treatment Group Family Counseling

Narcotics Anonymous	877-338-1188 248-543-7200 Various Locations http://michigan-na.org/ Link has listing	Free	Open and Closed Meetings for People Struggling with Narcotics Support Group/Resources
PACE- Prior Authorization and Central Evaluation	1200 N. Telegraph Road, Building 32 East Pontiac, MI	Medicaid	<u>Adolescent & Adult</u> Substance Abuse Treatment Services Oakland County Residents Only.
Recovery Consultants, Inc.	Berkley Office 2710 West 12 Mile Rd. Berkley, MI, 48072 248-543-1090 Waterford Office 3139 W Huron St, Waterford Twp, MI 48328 (248) 738-8400	Insurance Private Pay Sliding Scale (County Grant Funding)	<u>Adolescent & Adult</u> Groups Outpatient Substance Abuse Drug and Alcohol Testing- Lab and Quick

Inpatient and/or Intensive Therapy Program

Beaumont Children's Hospital Hough Center for Adolescent Health	Troy Medical Plaza, 1777 Axtell Dr, Troy, MI 48084 248-594-3142 https://www.beaumont.org/conditions/teen-eating-disorders	Insurance Scholarships	Adolescent Eating Disorders
Harbor Oaks Hospital	35031 23 Miles Rd New Baltimore, MI 48047 (586)-725-5777	Most Insurance	<u>Child, Adolescent & Adult</u> Residential Partial Hospitalization Intensive
Havenwyck Hospital	1525 University Drive Auburn Hills, MI 48326 (248) 373-9200	Most Insurance	<u>Child, Adolescent & Adult</u> Inpatient Psychiatric Treatment
Henry Ford Kingswood	10300 West Eight Mile Road Ferndale, MI 48220 (248) 398-3200	Most Insurances	<u>Child, Adolescent & Adult</u> Inpatient Psychiatric Treatment Day
Midcourse Correction Camp	833 E. Grand River Ave. Howell, MI, 48843	Private Pay	<u>Child & Adolescent</u> Programs 48-hour boot camp Incorrigible Adolescent

	(810) 227-0243 http://www.midcoursecorrection.org		
National Guard Military Camp	https://www.jointservicesupport.org/ngycp	Private Pay	<u>Adolescents</u> Academics, GEDs, Intensive Boot camp Incorrigible Adolescent
University of Michigan- Michigan Medicine	1540 E Hospital Dr, Ann Arbor, MI 48109 734-764-0231 1-800-525-5188 https://medicine.umich.edu/dept/psychiatry/patient-care/inpatient-care/child-inpatient-psychiatry	Insurance	<u>Child, Adolescent & Adult</u> Inpatient and Outpatient Services Eating disorders

Resources for Families in Need

Community Housing Network	570 Kirks Blvd. Ste 231 Troy, MI 48084 Troy Phone: 248-928-0111 Housing Hotline: 248-261-1335	Free Affordable/Low Income Rentals For Families in Need	Foreclosure Prevention Counseling Help Homeless Families Find Housing
Food Assistance Program	1-855-275-6424	Free	MI Bridge Program
Gilda's Club	3517 Rochester Rd. Royal Oak, MI 48073 248-577-0800 ext 12 https://www.gildasclubdetroit.org/	Free	<u>Support for Families coping with cancer</u> Support Groups Educational workshops and lectures Bereavement
Lighthouse Emergency Services	46156 Woodward Pontiac, MI 48342 (248)-920-6100	Free	<u>Crisis Resolution- Short Term</u> Housing, Food Assistance, Long-Term Planning, Family Stabilization Lighthouse PATH- 2-year Transitional Housing and Empowerment program for Homeless Women and their Children.

Love, Inc.	http://loveincofnoc.org 248-693-4357	Free	Community Meals, a Clothes Closet, Little Luxuries, Bed Blessings & Beyond and a Laundry Ministry
Oakland County Community and Home Improvement Division	250 Elizabeth Lake Road Suite 1900 Pontiac, MI 48341 Department Phone Number: 888-350-0900 ext. 80493 Advisor: 248-858-0493	Free	Home Improvement Loans Qualification Services to Assist in Home Improvement Process Counseling for Homeowner Issues
Oakland County Family Services	114 Orchard Lake Rd., Pontiac, MI 48341 Phone: 248.858.7766 https://www.oaklandfamilyservices.org/	Mental Health Services: Most insurances Specialized Services for youth: Medicaid and Medicare Recipients, No-Insurance, underinsured	Parenting Resources Counseling Specialized Services for youth Oakland County Residents Only
Oakland Livingston Human Services Agency	196 Cesar E. Chavez Pontiac, Mi 48343 http://www.olhsa.org/oakland-county (248) 209-2600 or (248) 542-5860	Free	Financial Crisis (Hunger, Housing, Health) Financial Planning Help for Children and Families Saving Energy and Building Neighborhood Health Concerns Veterans and Families
Oakland Schools Homeless Student Education Program	211 Pontiac Lake Rd. Waterford, MI 48328 (888)795-5437/248-209-2414 https://oakland.k12.mi.us/families-community/youth-family/homelessness/Pages/Homeless%20Student%20Education%20Program.aspx	Free	Clothing, Supplies, Free and Reduced School Lunches
Salvation Army	469 Martin Luther King, Jr. Blvd Pontiac, MI 248-334-2407 Various Locations	Free or sliding scale	Emergency Food and Clothing Shelters
Sandcastles	1 Ford Place, Suite 4A Detroit, MI 48202 1-313-874-6881 Locations at: Rochester Detroit Clinton Township	Free	Bereavement Groups Supportive Services and Resources for Families, Teens and Children grieving.

	Southfield Livonia West Bloomfield https://aboutsandcastles.org/about/		
United Way	United Way for Southeastern Michigan 660 Woodward Avenue, Ste. 300 Detroit, MI 48226 1-800-552-1183 https://unitedwaysem.org/2-1-1/	Free	Referral services, connects people with services/resources related to food, shelter, medical assistance, parenting classes and utility payment

Medical Assistance for Families in Need

Donated Dental Services	3657 Okemos Road., Ste. 200 Okemos, MI 48864 Ph: 800-589-2632 & 517-372-9070	Free/Medicaid	Dental Care to Approved Applicants who are Disabled, Elderly, or Medically Compromised
Oakland County Health Division	1200 N Telegraph, Bldg. 34 East Pontiac, MI 48341 Phone: 248-858-1280 https://www.oakgov.com/health	Free/Sliding Scale/Private Pay	Oakland County Residences Immunizations(Sliding Scale) HIV/AIDs (Free) Nutrition Services Hearing/Vision Screenings Dental Services Nurse on Call:1-800-848-5533
McLaren Children's Clinic	73 Martin Luther King Jr. Blvd Pontiac, MI 248-334-0024 http://www.mclaren.org/oakland/pediatric-services.aspx	Free and Sliding Scale	\$5 Sports Physicals Free health care to uninsured (Including well exams, immunization, and acute and chronic illness)
MIChild/Healthy Kids	517-373-3740 https://www.michigan.gov/mdhhs/	Free Low Cost	Health Insurance for 19 and under and pregnant woman of any age
Oakland Community College Dental Services	7350 Cooley Lake Rd. Waterford, MI - 48327 248-942-3260	\$30 for 14 and older (including X-Rays)	Appointments take a minimum of 3 hours Cleaning and X-Ray

		\$20 For 14 and under (Including X-Rays)	
Partnership for Prescription Assistance	Various Locations https://www.pparx.org/	Free/Low Cost	Prescription Help and Free Clinic locator.
Prescription Assistance	Meijer Kroger Sams Club Walmart Target	Low Cost or Free	Free Antibiotics (Meijer Only) \$4.00 to \$10.00 Prescriptions
St. Joseph Outpatient Clinic	248-858-3069	Sliding Scale	Medical Clinic